

CERTIFICATE OF PARTICIPATION

This is to certify that

Nelia De Freitas

Has successfully participated & completed the

8km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:35:07

PACE 11:52/km

OVERALL 32 of 47

GENDER 13 of 25

OPEN 10 of 16

21 July 2019, Sun

Date



BoutTime

Signature

